

# Utah Anti-Bullying Coalition

Programs can be customized for your school or district. If you don't see a program you are needing please let us know. We customize what you need.

<b>Assembly</b>	
Audience: k-12	
When Offered: upon request	
Objective: empower students, promote kindness and provide tools	
<p>We're here to organize assemblies, pep rallies, concerts and other events that will improve the culture at your school. Our assemblies are designed to raise anti-bullying awareness, increase prevention, and encourage students to speak up when they know of situations that pose a danger to themselves or others.</p> <ul style="list-style-type: none"> <li>• Change the school culture by teaching empathy, respect, self-esteem, anti-bullying and acts of kindness</li> <li>• Assembly programs and pep rallies are customized to each school's needs</li> </ul>	
<b>S4K Crew ( ambassador clubs)</b>	
Audience: 3-12 <sup>th</sup> clubs range from 15 to 100 students	
When Offered: upon request	
Objective: empower students, promote kindness and give students skills.	
<p>Give students valuable leadership training as they raise awareness in your school. Ambassador Teams work hands-on with their peers and compete with other schools in exciting monthly challenges.</p>	
<b>Stand4kind ( random acts of kindness)</b>	
Audience: k-12	
When Offered: upon request	
Objective: promote kindness	
Stand4Kind is rewarding acts of kindness. We will be picking monthly winners who will get prizes from our sponsors. Help us build a positive culture!	
<b>Lead180</b>	
Audience: k-12 <sup>th</sup>	
When Offered: upon request	
Objective: <i>To offer a positive, character-building alternative to suspension</i>	
<p>Lead180 is an online character-building program that kids who are in need of discipline can do at home after school or during school- and it can be completed within one week. Instead of suspending or expelling challenging kids, let's invest in them and teach them skills they are probably lacking. Empathy, conflict resolution, positive thinking, the science of confidence, basic psychology, acts of kindness, and leadership. There are 15 tasks that build character, teach skills, and enhance leadership.</p>	

<b>Creating a Successful Class Room-online course weekly interaction with trainer</b>	
Audience: Staff certified course	
When Offered: beginning of each month	
Objective: <i>Empower staff build relationships with staff and students with PBIS</i>	
<p>Understanding the Importance of Developing Effective Classroom Management Skills and Strategies.          Building relationships, supportive classroom structure, anti- bullying and diffusing behavior: redirecting for success</p> <p><b>Contact us for module description</b></p>	
<b>Anonymous Tip Line web and mobile app</b>	
Audience: all	
When Offered: upon request	
Objective: provide students a safe way to report and create a safe school environment.	
<p>mobile app or online for quick, easy and anonymous reporting, empowers students to send photo, video and other evidence, access to 24/7/365, quickly gain first-hand knowledge of cases enabling early intervention, school's have seen up to a 50% reduction in reported incidents and receive push notifications from your organization.</p>	
<b>Training</b>	
Audience: students, parents and staff	
<b>we customize training for each district or school</b>	
When Offered: upon request	
Objective: provide tools and resource to empower students, help parents and educate staff to have a safe and healthy school climate.	
<p><b>Student training</b> leadership, empathy, self-esteem, anti-bullying, no bystander and more.</p> <p><b>Parent training</b> what to do if child is the bully or the victim, how to raise a successful child, empower your student and more.</p> <p><b>Staff training</b> PBIS tier 1,II and III, behavior interventions, data collection, no more bystanders, anti-bullying, discipline think outside the box and more</p>	

# Restorative Discipline Staff Development Courses-

We customize the staff development course call for pricing

## Restorative Discipline Staff Development Courses

<b>Creating Restorative Classrooms: Administrators 7</b>	
Audience: Campus Administrators	
When Offered: Fall of each year	
Objective: <i>Administrators will learn skills and strategies to effectively support teachers in the area of Restorative Discipline and Classroom Management.</i>	
This course is designed to enhance the skills and strategies of campus administrators in supporting and coaching teachers in restorative practices and strategies as well as, relationship building. Participants will enhance their knowledge of interacting restoratively with students, parents and staff.	
<b>Creating Restorative Classrooms 14</b>	
Audience: Teachers with 3-5 yrs experience, Teachers, Para Professionals, Administrators	
When Offered: Spring, Summer and Fall	
Objective: <i>Participants will examine research-based restorative classroom management strategies.</i>	
This course is designed to enhance the skills and strategies of teachers in the classroom, in regards to understanding the importance relationships, proactive classroom strategies, positive student support, and problem solving for low level classroom behavior. Research and best practices have been collected from Boys Town, Capturing Kids Hearts, Eric Jenson, Randy Sprick, Harry Wong and Fred Jones.	
<b>Creating Restorative Classrooms: The 9 Essentials 7</b>	
Audience: Teachers with 0-3 yrs experience, Teachers in need of assistance, struggling teachers, Para Professionals, Administrators	
When Offered: Spring and Summer	
Objective: <i>Participants will examine the nine foundational component of classroom management</i>	
Participants are provided the nine foundational components of classroom management and additional relationship building strategies. Each of the nine components is built from the restorative platform of quality instruction. The foundational components taught are environment, attitude, with-it-ness, organization, rules, procedures, transitions, collaboration and redirection of behaviors.	
<b>Bullying Awareness – Module 1 (Physical) 20 m</b>	
Audience: Teachers, Administrators, Para Professionals	
When Offered: Upon request	
Objective: <i>Participants will learn strategies to effectively support students in regards to physical bullying.</i>	
This course is designed to build awareness and provide strategies for educators to address the issue of physical bullying. Review of the Student Code of Conduct definition of bullying, and prevention strategies to guide educators in providing support for students.	
<b>Bullying Awareness – Module 2 (Verbal) 20m</b>	
Audience: Teachers, Administrators, Para Professionals	
When Offered: Upon request	

<b>Objective:</b> <i>Participants will learn strategies to effectively support students in regards to verbal bullying.</i>	
This course is designed to build awareness and provide strategies for educators to address the issue of verbal bullying. Review of the Student Code of Conduct definition of bullying, and prevention strategies to guide educators in providing support for students.	
<b>Bullying Awareness – Module 3 (Cyber-Bullying) 20 m</b>	
Audience: Teachers, Administrators, Para Professionals	
When Offered: Upon request	
<b>Objective:</b> <i>Participants will learn strategies to effectively support students in regards to cyber bullying.</i>	
This course is designed to build awareness and provide strategies for educators to address the issue of cyber bullying. Review of the Student Code of Conduct definition of bullying, and prevention strategies to guide educators in providing support for students.	
<b>CHAMPs Video Series 4</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
<b>Objective:</b> <i>Participants will be exposed to strategies that increase student and participation through motivating instruction.</i>	
In this video series, Dr. Randy Sprick shares variety of motivational systems which assist educators in understanding why misbehaviors occur, and correction procedures to address the misbehavior.	
<b>Defusing Student Aggression 2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
<b>Objective:</b> <i>Participants will learn strategies and vocabulary to assist in de-escalating students when they are anxious, frustrated or upset.</i>	
This course examines nine effective strategies to diffuse student aggression before it escalates.	
<b>Examining Adult Behaviors 2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
<b>Objective:</b> <i>Participants will be provided strategies to enhance appropriate restorative interactions with students in a variety of situations.</i>	
Providing teachers with tools for interacting and communicating with students, colleagues, and parents, centering on the quality components of communication, which include, listening, body language, voice tone, facial expression, along with understanding the message.	
<b>Fred Jones: Tools for Teaching Video Series 6</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
<b>Objective:</b> <i>Participants will explore various strategies/techniques in creating independent learners in the classroom.</i>	
A video series course presented by Dr. Fred Jones, a clinical psychologist. Dr. Jones shares information about strategies for setting limits to reduce disruptions, producing responsible behavior, and turning problem behavior around.	

<b>Getting What You Want 2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
Objective: <i>Participants will acquire an understanding in how to build techniques and strategies that increase student participation and engagement.</i>	
This course will focus on three areas of management/instruction – identifying, clarifying and emphasizing (procedures, directions, and instruction).	
<b>Mission Impossible: Making Teamwork Work 2</b>	
Audience: Teachers, Campus Leadership, Grade Level Teams, Content Departments	
When Offered: Upon request	
Objective: <i>Participants will collaborate in teams to produce projects that explore the functions of behavior.</i>	
This interactive course uses a rubric/organizer as a model to manage teamwork.	
<b>New Teacher: Share Session 2</b>	
Audience: New Teachers to MTSS	
When Offered: Fall and Spring	
Objective: <i>Participants will share with each other their successes and challenges; will problem-solve situations to assist in professional growth as a classroom manager.</i>	
New teachers will have the opportunity to share experiences and challenges with being a new teacher in MTSS teachers will be given strategies and techniques to assist in the area of classroom management.	
<b>Data Training 2</b>	
Audience: Campus PBIS Data Liaisons, Campus Administrators, Teacher Leaders	
When Offered: Fall of each year	
Objective: <i>Participants will learn the process and procedures for imputing data to be shared on their campus.</i>	
Campus PBIS Data Liaisons and Campus Administrators and Teacher Leaders will have the opportunity to learn how to problem-solve, create actions plan and follow-up, from their data results.	
<b>PBIS Level 1 Review 7</b>	
Audience: Campus Staff, PBIS Team Members	
When Offered: Summer only, Upon request	
Objective: <i>Participants will review information and systems for promoting positive behavior on their campus.</i>	
Designed to review the over-arching philosophy for the school wide system, the rationale of active supervision, key components of classroom management, data-based decision making, the implementation/reinforcement of the school matrix/motto, along with exchanging ideas and tools from other campuses.	
<b>PBIS Level 1: Share Session 14</b>	
Audience: Campus Staff, PBIS Team Members	
When Offered: Four times yearly	
Objective: <i>Participants share successes and/or problem solve, activities, ideas, and strategies from their campus.</i>	

PBIS Campuses will have the opportunity to share activities, strategies and implementation ideas with other PBIS Campuses. PBIS staff members will be able to share activities, strategies and ideas to assist in visualizing the campus and district goals of PBIS.

**PBIS Level 1 Training**

Audience: Campus Staff, PBIS Team Members

When Offered: Summer only, Upon request

Objective: *Participants will examine information and systems for promoting positive behavior on their campus.*

Designed to inform the over-arching philosophy for the school wide system, the rationale of active supervision, key components of classroom management, data-based decision making, the implementation/reinforcement of the school matrix/motto, along with exchanging ideas and tools from other campuses.

**PBIS Level 2 Share Session 2**

Audience: Campus Staff, PBIS Team Members

When Offered: Four times yearly

Objective: *Participants share successes and/or problem solve, activities, ideas, and strategies from their campus.*

PBIS Level 2 Campuses will have the opportunity to share activities, strategies and implementation ideas with other PBIS Level 2 Campuses. PBIS staff members will be able to share activities, strategies and ideas to assist in visualizing the campus and district goals of PBIS Level 2.

**PBIS Level 2 Training**

Audience: Campus Staff, PBIS Team Members

When Offered: Summer only, Upon request

Objective: *Participants will learn strategies and structures for working with students needing more behavioral support.*

Designed to inform/review members of campus team on individual student research-based behavior systems to assist in reshaping student behavior. Campus teams will learn how to match behavior interventions with the student need, and focus upon systems which support the behavioral change.

**Positive Praise 5:1 2**

Audience: Teachers, Para Professionals, Administrators

When Offered: Upon request

Objective: *Participants will learn how to increase the use of positive praise and interactions within the classroom setting.*

This course is designed to assist the classroom teacher/paraprofessional in increasing the use of positive praise and interactions within the classroom setting in order to increase student performance and accountability in reference to behavior and academics.

**Social Skills 101 2**

Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
Objective: <i>Participants will learn easy ways to incorporate social skills instruction into their daily academic lessons.</i>	
This course will teach participants ways to reinforce students for using proper social skills in the classroom, hallways, large group, recess and cafeteria.	
<b>The Do's and Don'ts of Contracting      2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
Objective: <i>Participants will learn the basics of developing behavior contracts with their students.</i>	
This course will address with which students to use contracts, how to determine if it is time to start a contract, what type of contract is best for each student, how long to use the contract and finally, how to begin fading the contract.	
<b>The Four Relationships      2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
Objective: <i>Participants will learn strategies to build and leverage relationships in the area of student to teacher, student to student, student to curriculum and student to self.</i>	
The Four Relationships are based around the work of Eric Jenson, providing teachers the tools and strategies to assist students in building relationships in four key areas of academics and behavior.	
<b>Why Do They Do That?      2</b>	
Audience: Teachers, Para Professionals, Administrators	
When Offered: Upon request	
Objective: <i>Participants will examine specific strategies for dealing with difficult student behaviors.</i>	
This course is designed to assist teachers in understanding the goals of student behavior, turning reactive practices into proactive strategies. to decrease misbehaviors in the classroom.	
<b>Will You Be That Guest Teacher?      2</b>	
Audience: New Substitute Teachers	
When Offered: Fall and Spring	
Objective: <i>Participants will learn strategies and practices to assist in the daily operation of a classroom, and the process and procedures for daily operation of their campus site.</i>	
<b>Will You Be That Teacher?      2</b>	
Audience: New Teachers to MTSS	
When Offered: August	
Objective: <i>Participants will learn strategies and practices to assist in the smooth opening of the school year, and the process and procedures for daily operation of their campus site.</i>	
Teachers new to MTSS will be receiving classroom management training from representatives from their campus. Lead Mentors and Highly Qualified teachers will be mentoring with new campus personnel.	
<b>National Student Service Association</b>	866-295-5542
Confidential**prices subject to change***	

